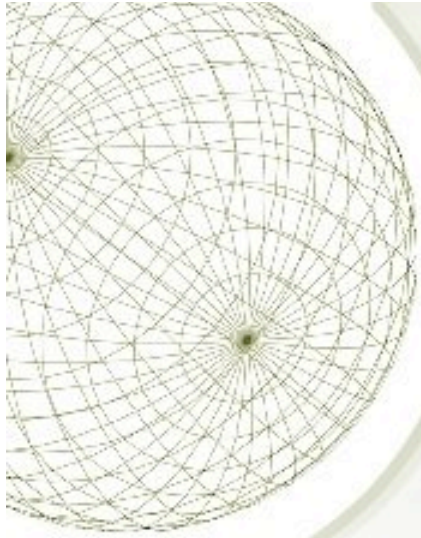


Intelligence and Complex Reasoning

Michael E. Martinez
University of California, Irvine

PRISM Institute
Georgia Institute of Technology
Global Learning and Conference Center
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More than Ever, Intelligence Matters

- ★ To promote economic prosperity
 - ◆ Of companies and nations
 - ◆ Of individuals and families
 - ◆ Shift from physical to mental production
- ★ To solve social problems
 - ◆ The achievement gap
 - ◆ World problems



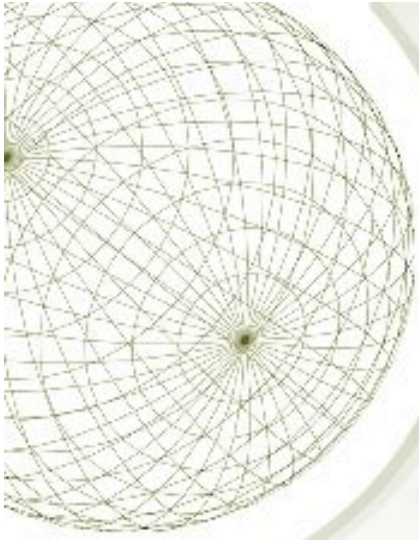
The Economy

- ★ Symbolic-analysts are on the rise
 - ★ A new taxonomy of the labor force (Reich)
 - ★ Symbolic analysts
 - ★ In-person workers
 - ★ Routine production laborers
 - ★ Complexity, problem solving, symbolic info
 - ★ Routine production laborers are at risk
- ★ IQ predicts job performance
 - ★ Overall, $r=.50$
 - ★ Prediction is best for complex jobs, $r=.61$



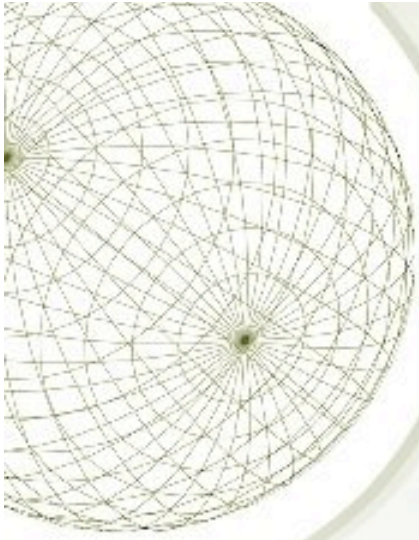
Education and Economic Reward

- ★ Education cultivates intelligence
- ★ Intelligence is a raw material (input)
. . . but also a product (output)
- ★ Education, and therefore intelligence, pays
- ★ Wage premium for college education
 - ★ 42% in 1979
 - ★ 89% in 1995



Defining Intelligence

Intelligence is a repertoire of learnable cognitive competencies (knowledge, skills, strategies, habits) that permit effectiveness in a complex, symbol-rich, and problem-oriented world.



Fluid and Crystallized Intelligence

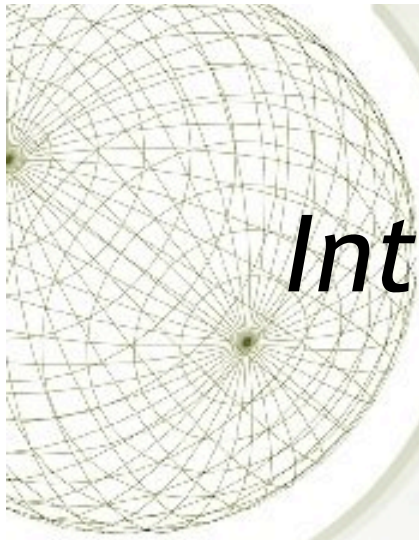
- ★ Fluid: the ability to succeed in novel, complex, and challenging environments
- ★ Crystallized: the ability to acquire knowledge and knowledge itself
- ★ The Investment Theory



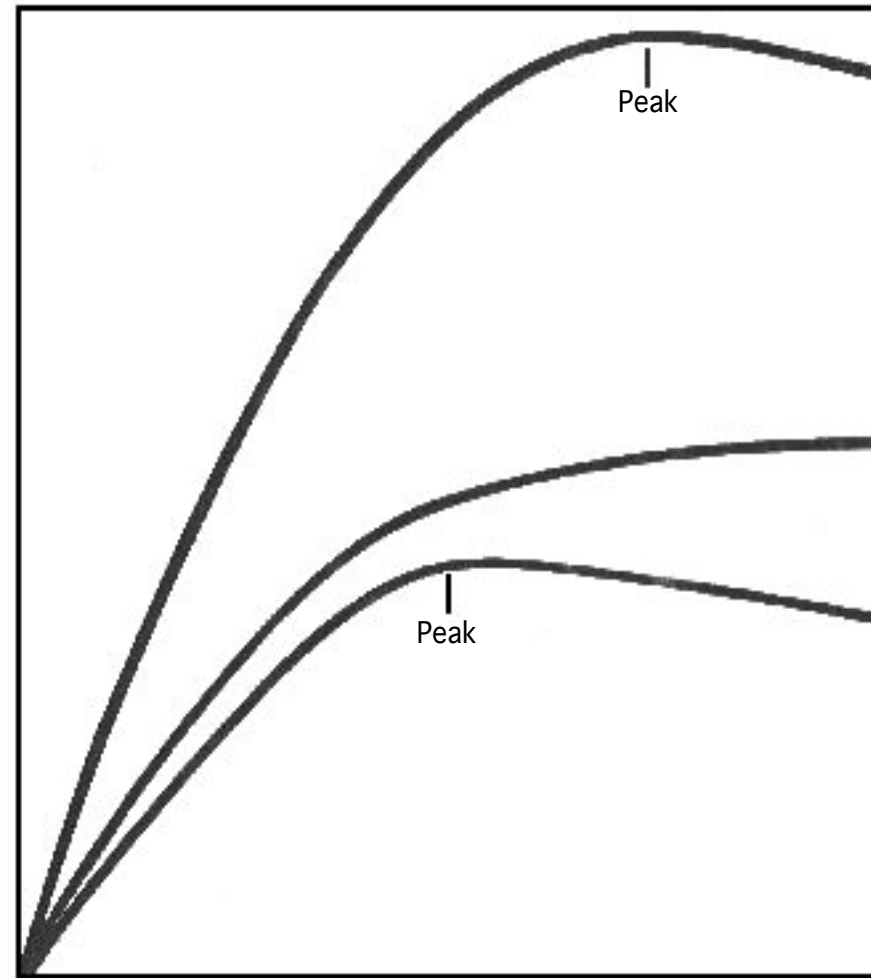
What About Genetics?

- ◆ Heritability (h^2) of IQ is about 0.5
- ◆ 50% of IQ variance is non-genetic
- ◆ h^2 is not a constant
 - ◆ The exact value will vary by time, place, and population
 - ◆ Not applicable to differences between groups or to individuals

Fluid and Crystallized Intelligence Over the Life Span



Magnitude
of Effect



FI + CI

Fluid intelligence,
crystallized
intelligence, and
the effect
of the two
added together.

CI

FI

Infancy Childhood Adolescence Young Adulthood Middle Age Old Age



Heritability Does Not Preclude IQ Change

★ Within individuals

- ★ Childhood: Escalating mental age
- ★ Lifelong: Up and down IQ fluctuation (up to 20 pts.)

★ Between generations

- ★ Height h^2 is close to 1.0
- ★ Height has increased by 3 cm or more per generation (Europeans, Americans, Asians)



The Flynn Effect

- ★ The “brute phenomenon”
- ★ IQ rose in 20th century in every country (20) for which data are available
- ★ As much as 1 s.d. per generation
- ★ Probably originating at the dawn of industrialization
- ★ Intergenerational plasticity of IQ



What Caused The Flynn Effect?

★ Not caused by:

- ★ Genetic changes (not enough time)
- ★ Test sophistication (effect too large)

★ Possibly caused by:

- ★ Improved nutrition
- ★ Mass media
- ★ Universal education
- ★ Longer average education



Prenatal Experience

- ★ Can inhibit development
 - ★ Maternal stress
 - ★ Toxins: alcohol, cigarette smoke, pesticides, radiation, barbiturates, mercury, polychlorinated biphenyls (PCBs)
 - ★ Infection (e.g., cytomegalovirus)
- ★ Can facilitate development
 - ★ Vitamin/protein supplementation
 - ★ Breastfeeding/essential fats (e.g., DHA)



Family Experience

- ★ Home environment

- ★ Cognitive and emotional richness

- ★ Play materials, interaction, variety of experiences

- ★ Socioeconomic status (SES)

- ★ Income, parental education, flexible structure

- ★ Cross-SES adoption studies

- ★ Biological and adopting about equal effects



School-Age Experience

- ★ IQ and amount of schooling
 - ★ Between generations: WWI and WWII soldiers
 - ★ Within generations: United States, Sweden
- ★ IQ and disruption of schooling
 - ★ War-time in Eindhoven, Holland
 - ★ Public school closure in Virginia
- ★ IQ and quality of schooling
 - ★ Grade acceleration and delay
- ★ Quality of home life: Summer vacation



Experience in Adulthood

- ★ University experience

- ★ Cognitive effects of about 1 standard dev.

- ★ Job experience

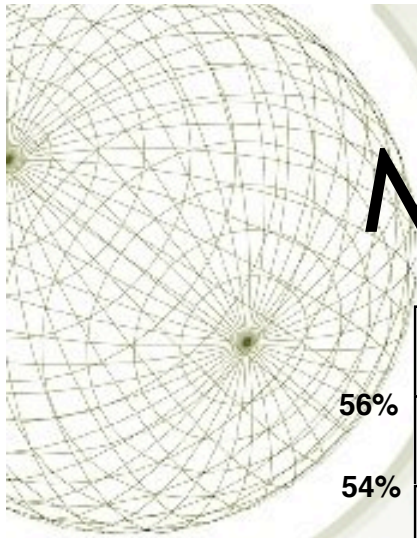
- ★ Complex jobs increase cognitive flexibility

- ★ Old age experience

- ★ Neurotrophins respond to exercise

- ★ Neurogenesis is possible

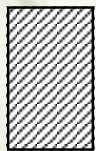
Nutrition and Achievement



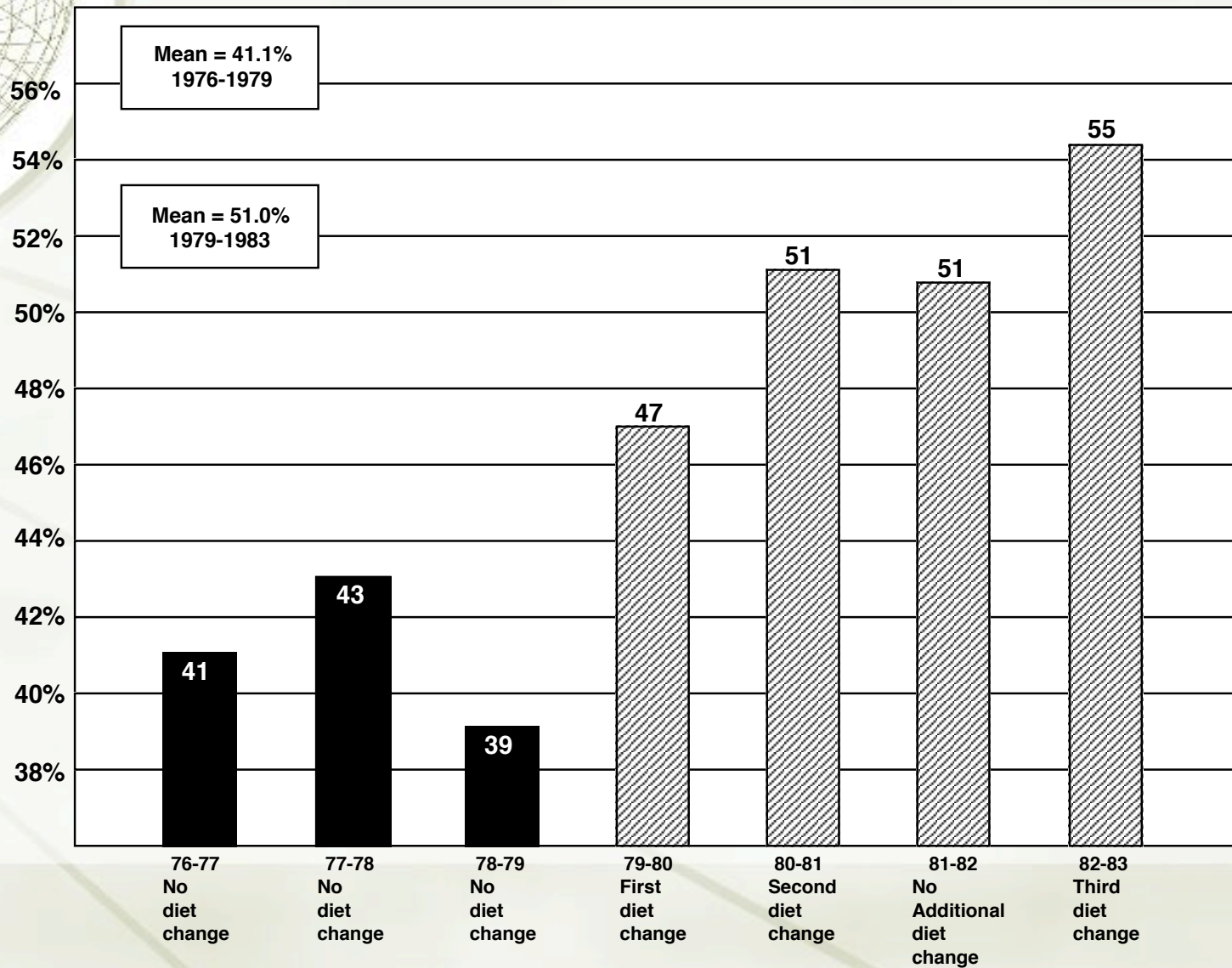
Percentile Rankings based on CAT Scores



Before Diet Change



After Diet Change





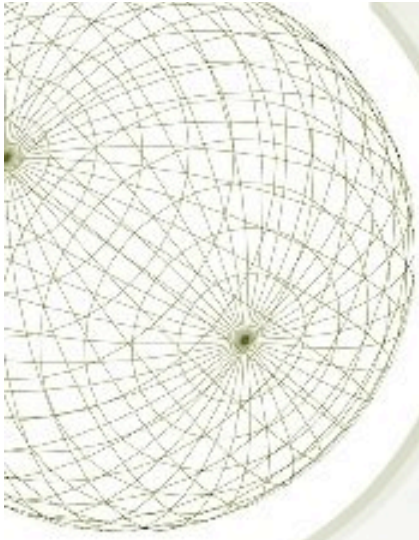
Infancy and Early Childhood

- ★ Infancy intervention 10 IQ pts
- ★ Early childhood interventions
 - ◆ Iowa Soldiers Orphans' Home 16 IQ pts
 - ◆ Early Training Project 9 IQ pts
 - ◆ The Academic Preschool average 15 IQ pts
 - ◆ Carolina Abecedarian Project 8 IQ pts
 - ◆ Project Head Start 9 IQ pts
 - ◆ “fade out”
 - ◆ The Milwaukee Project 25 IQ pts



School-Age Interventions

- ★ **Project Intelligence (Venezuela)**
 - ★ 460 seventh graders, 56 lessons
 - ★ Gains of up to 6 IQ points
- ★ **Brown and Campione's Research**
 - ★ Advances in metacognition
- ★ **Feuerstein's Instrumental Enrichment**
 - ★ Mediated learning (9 IQ points)
- ★ **Kvashchev's Experiments**
 - ★ Creative problem solving (6 to 8 IQ points)



Defining Intelligence (Again)

Intelligence is a repertoire of learnable **cognitive** competencies (knowledge, skills, strategies, habits) that permit effectiveness in a complex, symbol-rich, and problem-oriented world.



The Duplex Model

◆ Short-Term Memory

- ◆ Small capacity
 - ◆ 7 ± 2 “chunks”
- ◆ Short duration
- ◆ “Working” memory
- ◆ Locus of consciousness

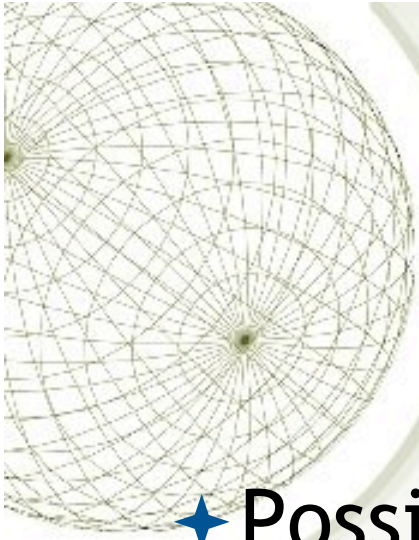
◆ Long-Term Memory

- ◆ Large capacity
 - ◆ Unlimited
- ◆ Very long duration
- ◆ Multi-code
- ◆ The warehouse of the mind



Cognitive Processes and Structures

- ★ STM to LTM: Learning
- ★ LTM to STM: Remembering
- ★ Schema Theory
 - ★ The mind is not a video camera
 - ★ The construction of knowledge
 - ★ Schema development
 - ★ Accretion, tuning, restructuring
 - ★ Pursuing quality of thought



Defining Metacognition

★ Possible definitions

- ★ Most simply: Thinking about thinking
- ★ More exactly: The monitoring and control of thought

★ Areas of application

- ★ Metamemory and metacomprehension
- ★ Problem solving
- ★ Critical thinking



Metamemory and Metacomprehension

- ★ Both concern awareness of one's own knowledge state
- ★ Metamemory: How accurately a learner can appraise his or her own knowledge state
- ★ Metacomprehension: How accurately a learner can appraise his or her understanding of any message, written or spoken



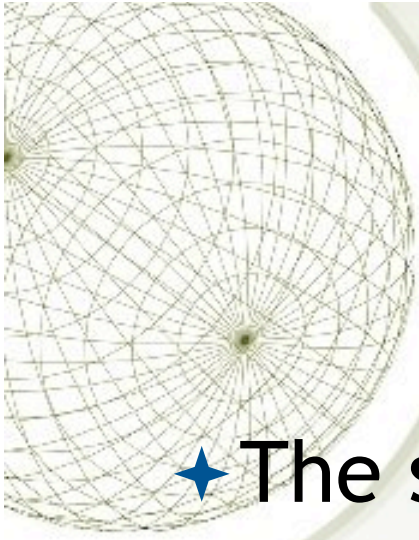
Problem Solving

- ★ A major category of human cognition
- ★ What is problem solving?
 - ✦ The pursuit of a goal when the path to that goal is uncertain
- ★ Closely linked to scientific thinking
- ★ Problem solving involves metacognition at each step.
 - ✦ What am I trying to accomplish?
 - ✦ What are the most promising pathways?
 - ✦ Is my strategy working?



Critical Thinking

- ★ Yet another major category of cognition
- ★ What is critical thinking?
 - ✦ The evaluation of ideas for their quality, especially in judging whether they make sense
- ★ Critical thinking involves metacognition at each step.
 - ✦ Is the idea clear?
 - ✦ Does one idea follow from another?
 - ✦ Are the ideas backed by evidence?



Vygotskian Connections

- ★ The social origins of higher-order cognition
 - ★ Higher-order thought processes begin as social discourse
 - ★ Social discourse is internalized for the individual as inner speech
- ★ Vygotsky's theory is perhaps the best rationale for group processes in learning



How to Enhance Metacognition

- ★ Credible presence in the curriculum
 - ◆ Explicit goal of learning
 - ◆ Opportunity to engage in metacognition
 - ◆ Assessment of metacognition
- ★ Cognitive modeling by teacher/professor
- ★ Social interaction among learners
 - ◆ Potentially very effective
 - ◆ Difficult to sustain quality



Emotional and Self-Regulatory Aspects

★ Trilogy of Mind

- ★ Cognitive (thinking/reasoning)
- ★ Affective (emotion/feeling)
- ★ Conative (choosing/doing)
 - ★ Motivation
 - ★ Volition (post-decision)

★ Self-efficacy

- ★ Specific beliefs about what one can do



Prospects

- ★ Better thinking
 - ★ In specific subject domains and in life
- ★ Greater human effectiveness
 - ★ Productivity (including economic)
 - ★ Creativity
 - ★ Wisdom
- ★ New models for intelligence and for education